



Mario Moonasingh Coach

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Mario Moonasingh, known to all as Coach Moon, is a soccer coach and wellness coach who works with youth from the ages of 3 to 18 years. As an expert in playing soccer, Coach Moon has been providing training for over 10 years. He works on enhancing and developing an individual's skills which aids them to successfully achieve their desired goals. He also strives to develop collaboration and build self confidence along with encouraging players to be a team player. Coach Moon's motto is the three P's--**Patience, Practice and Perfection.**

Coach Moon grew up in Clarendon, Jamaica. He has been involved with the sport of soccer for nearly three decades. As a child of five years old he began to play soccer because his brother played on a team. Mario's mother continued to encourage him to play in order to meet new people too. At age nine Mario was accepted onto the Clarendon Parish team. In 1991 he was recruited to the U13 Jamaican National team. The following year he won an MVP award. Coach Moon continued his playing career as he was selected onto the U17 Jamaican National team. After moving to the United States he played high level soccer as a member of a professional Jamaican club team along with other players from the Washington DC area. Finally, he joined his native Clarendon Parish Jamaican National club team.

Education:

- Personal Fitness Trainer April 2014
- MSYSA Coaching E License 2013 (Currently working on D License)
- CPR/First Aid 2014-2017
- Wellness Coaching 2009
- Prince George's Community College 1999
- Duval High School 1998

Coaching Experience:

- 2014-Present Youth Level Development Coach. HDR ClubTeam.
- 2013-Present Youth Level Head Soccer Coach. Thunder Soccer Club.
- 2013-Present Varsity Boys Assistant Coach. Centennial High School.
- 2012 Season JV Boys Head Coach. Centennial High School.
- 2010-Present Youth Level Soccer Director/Coach. Soccer Summer Camp Program College Park, MD.
- 2009-Present Youth Level Soccer Director/Coach. Prince Georges Maryland Park & Planning.
- 2009-2011 Youth Level Soccer Coach. Howard County Recreational

Program.

- 2007-Present Youth Level Personal Trainer/Coach. New Moon Wellness.

Playing Experience:

- 2003-2009 Professional Level –Jamaica Club Team
- 1999-2003 Professional Level - Jamaica Club Team
- 1998-1999 Prince George’s Community College
- 1997-1998 DuVal High School
- 1994-1997 Jamaica National Team under 17
- 1991-1993 Jamaica National Team under 13