



Full-Sided Field Dimensions

- Length: Min. 100 yards Max 130 yards
- Width: Min 50 yards Max 100 yards
- Penalty Area: 18 yards from each goal post and 18 yards into the field of play
- Corner Arcs: 1 yard
- Center Circle: 10 yard radius
- Goal Boxes: 6 yards from each goal post and 6 yards into the field of play
- Penalty Spot: 12 yards from the goal line
- Penalty Arc: 10 yard radius
- Goals: 24 feet wide and 8 feet high